

Punam Agarwal
- Founder & Director



Experience

30+ Years - Educational institutes all levels – Primary to Management, Leisure & Sports, Airlines, Corporate Institutes, Army, Navy and CID, Oil and gas, Retail Outlets etc.

Practitioner

- **Business Executive Coach/ Life Coach/**
- **Organizational Development Coach**
- **Soft Skills and Behavioral Trainer**
- **Sales and Customer Experience Trainer**
- **Motivational Speaker**
- **NLP – Master Practitioner**

**Alternate
Therapy Healer**

- **Reiki or Pranic Healer/Color Therapy/Tarot Card Reader**

Others

- **Counselor - Parenting Coach/ Students/ Relationships**
- **Consultant – HR/ Psychometric Tests/ Interior Designing/ Vaastu & Feng Shui**
- **School Career Guidance/ Teachers Skill Dev./ Campus to Corporate trainings**

Authored Books:

- Leadership Training
- Business Soft Skills
- Recruitment Tools
- Transitioning Managerial Skills Development
- How to Read Tarot Cards & Use Color Therapy

Facilitator's Profile

Educational Background –

- Post-Graduate degree in Stress Counseling from Devon, United Kingdom
- MBA from USA in HR
- Double Graduate Basic Counseling (Devon, UK), and Political Science Honors' (St. Xavier's College, India), Certified Psychometric Test Professional from CAMI- USA
- CELTA from Cambridge, UK
- Train the Trainer Course & NLP Practitioner – NFNLP
- ICF – PCC Coach: Executive/ Life and Organizational Development Coach and many other Soft Skills Certifications



Among various awards won

- ***The President's Award*** given by the President of India
- ***The Governor's Award*** given by the Governor of West Bengal,
- ***Fish of the Month*** given by EK Group- EKFC | ***Award of Honour*** given by MyCareers - Bhatinda,
- ***Behind the Scenes Worker*** given by KAMA Ayurveda Pvt Ltd
- ***Most Fabulous Training and Development Leader North: Catalyst of Change*** given by World HRD Congress
- ***Woman of Excellence*** awarded by Indian and International Achiever's Forum
- ***Best Woman Performer in Learning and Development Award*** at International Inspirational Women Award (IIWA) 2020.
- **Awarded by CEO Magazine** – As one among the 25 Iconic Businesswomen to be followed in 2022
- **Award of Appreciation** by Dayanand Sagar University for Teachers Training&Development Session.

Over 11 lakhs individuals have been counselled and trained by her so far.

Few Names I Associated with:

Corporates – Associated as L&D Head, Coach, Counselor, Sales Trainer, Soft Skills Behavioural Trainer, Motivational Speaker, Leadership Trainings, ESL Trainer, Train the Trainer, HR Consultant, Psychometric Test Professional

- U.A.E.- Emirates Group /Dnata /Abela /Future Rider – IT & Computer Centre /Acer /Voltas -
- U.A.E. - Oil and Gas Companies – ADCO/ADGAZ
- India - Manyavar /KAMA Ayurveda Pvt Ltd /CorporatEdge Serviced Offices Pvt Ltd/ Synergy Environics Ltd
- Affiliated Coach - uExelerate/ Peak Performer / Mentorship –

Clubs – Associated as Guest Speaker conducting varied workshops, Motivational Speaker

- India - Rotaract Club of Calcutta Victoria, Rotary Club of Calcutta Victoria – India/ Bharat Scouts and Guides Movement – India and U.A.E.

Schools/Colleges – Associated as ESL Trainer, Teacher Skills Development Trainer, IELTS Preparation, Career Counselor

- Indonesia - Seville International
- U.A.E. - Higher Colleges of Technology (– Abu Dhabi, Dubai, Ras Al Khaimah, Fujairah)/ GEMS Group -U.A.E.
- India - The Heritage School /Blooming Daffodil/ La Martiniere for Boys Kolkata/ Assembly of God Church Kolkata
- Dayanand Sagar University

Management Institutes – Associated as Associate Professor Business Communications, Campus to Corporate Ready Trainer, Associate Professor HR, Chief Mentor, Editor, Career Counselor, Motivational Speaker

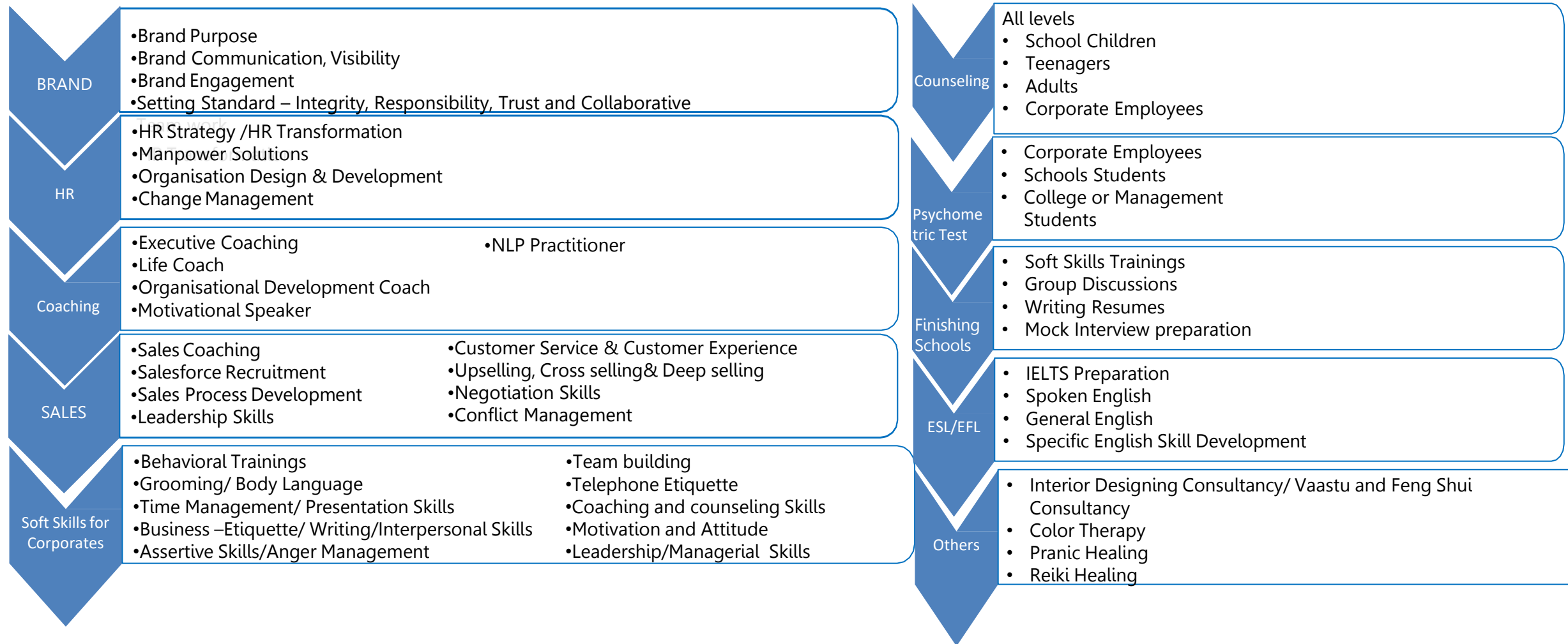
- JRE Group of Institutions: Management&Engineering– Educomp&Raffles Singapore – India /Universal Business School of Management – India
- Times Group - India /AIIMS - India /My Careers – Ludhiana, Ambala, Allahabad, Amritsar, Indore, Bhatinda – India

Areas of Expertise and Services Provided at Neostylus

<u>Coaching</u>	<u>Trainings</u>			<u>HR</u>	<u>Healer</u>	<u>Others</u>	<u>Author</u>
Executive Coach	Soft Skills & Behavioral Trainings	Leadership : Executives/ Managers	Finishing School – For Management Colleges and Schools	Consultant	Pranic	Vaastu & Feng Shui	<ul style="list-style-type: none"> - Leadership Training - Transitioning Manager's Skill Development
Life Coach	Business Communication/ESL	Sales & Customer Experience	Teacher's Skill Development / Behavioral Trainings / Parent Teacher Counseling	Psychometric Assessments (Recruitment)	Reiki	Interior Designing	<ul style="list-style-type: none"> - Business Communications Soft Skill - Recruitment Tools
Organizational Development Coach	F&B Training	NLP Practitioner	Motivational Speaker	Manpower Solutions		Counseling (Career Counseling + Psychometric Assessments) General + Relationships	<ul style="list-style-type: none"> - How to Read Tarot Cards and Use Colour Therapy

Different Areas of Consultancy Done Include:

As a Consultant I support my clients in varied ways, but below you'll find some of the things I am best known for.



Connect with me at...

Website : <https://www.neostylus.com>

Twitter : <https://twitter.com/home>

Instagram : <https://www.instagram.com/>

LinkedIn : <https://www.linkedin.com/company/31524494/admin/>

Facebook : <https://www.facebook.com/Neostylus-100456231542375>

Email: punam@neostylus.com

Mobile Number : 9911592698



“Coaching, Counseling or Training and development is not just my career but my passion which helps to enhance others personality while developing mine too each day from mutual learning that takes place every time, I conduct such sessions globally. Reach out so I can help you navigate your career challenges and realize your aspirations.”– Punam

THANK YOU

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