



Introduction

Punam Agarwal, Proprietor - Neostylus and a senior coach consultant with overall 30+ years of work experience, 30+ Years in varied sectors - which include Educational institutes all levels – Primary to Management | Leisure & Sports | Airlines | Corporate Institutes | Army | Navy and CID | Oil and gas | Retail Outlets | Manufacturing | Banks etc. - as a certified Executive Coach and leading strategic HR initiatives. Her senior management career has spanned multiple roles involving extensive business operations, large-scale management of geographies, franchisees, people, process, projects and strategic decision-making.

Practitioner –

- **Business Potential Maximizer Executive Coach/ Life Coach/Organizational Development Coach**
- **Soft Skills and Behavioral Trainer**
- **Sales and Customer Experience Trainer**
- **Motivational Speaker**
- **NLP – Master Practitioner**

Punam Agarwal brings with her blended experience of high level business management and leadership coaching. She tries to be a Catalyst for the Coachee by playing 6 roles as a Coach – Being the Listening Board, Triggering Thought, Partnering Accountability, being a Cheer Leader, a Truth-teller and Building Confidence.

Prior to becoming the Proprietor at Neostylus, she held multiple roles. She was the Chief Learning and Development Officer at Kama Ayurveda Pvt Ltd – an International Luxury Brand managing a nation wide enterprise providing for learning and development solutions, reporting to the CEO. Besides leading the L&D Department independently with Board level interactions, she also looked after HR functions in the company. She has worked extensively with clients at National and International level coaching people from start up to CXO Level.

Client Partnership

- **Airlines** - Emirates Airlines | Dnata – U.A. E.
- **Catering** – Abela | EKFC – U.A.E.
- **Retail Luxury Brands** - Kama Ayurveda Pvt Ltd | Manyavar - India
- **IT** – Accenture – India | LCC – India | Future Rider – U.A.E. | Acer – U.A.E.
- **Real Estate** - CorporatEdge - India
- **Manufacturing** – Star Cement | Syenergy – India
- **Bank** - Central Bank of India | UCO Bank – India
- **Home Appliance** – Voltas – U.A.E.
- **Educational Institutes** - JRE Group of Management | Universal School of Management | Dayanand Sagar University – India | GEMS Educational Group – U.A.E. | Higher Colleges of Technology – U. A. E. | British Council – U.A.E. | Sevilla International – Indonesia | Many other schools in India
- **Oil and Gas** – ADNOC – U.A.E.
- **Government** – Army/ Navy/ CID/ Police – U.A.E. | Airport Security – U.A.E.
- **Agriculture** – Jalinga Tea Gardens - India

Awards

- The President's Award | The Governor's Award
- Fish of the Month | Award of Honour
- Behind the Scenes Worker | Woman of Excellence
- Most Fabulous Training and Development Leader North: Catalyst of Change
- Best Woman Performer in Learning and Development Award
- Award of Appreciation – Dayanand Sagar University
- Awarded by CEO Magazine | Achievers' Award – RMB Kolkata

Consulting Projects

- ❖ Leadership Coaching
- ❖ Business and Sales Coaching
- ❖ Leadership Assessments /Development centers
- ❖ Organizational Effectiveness
- ❖ Performance Management
- ❖ Career Coaching

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<https://www.neostylus.com>
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Work Experience

Punam Agarwal is a senior coach with overall 30+ years of work experience in varied sector - Corporate HR, Airlines, Retail, Manufacturing, Government Organizations, Education, Oil and Gas, Real Estate, Banks and more.

Education Background

- MBA - USA
- Bachelors of Arts, Political Science Hons – St. Xaviers Kolkata
- PGD -Stress Counseling – UK

Certifications

- Certified Professional Coach (PCC) from International Coaching Academy
- NLP Master Practitioner – NFNLP - USA
- CELTA – Cambridge – UK
- Certified Psychometric Test Professional - USA
- Soft Skills certifications in varied skills

Languages Known

- English
- Hindi
- Bengali

Location

- KOLKATA | INDIA

Author

- Leadership Training
- Business Soft Skills
- Recruitment Tools
- Transitioning Managerial Skills Development
- How to Read Tarot Cards & Use Color Therapy